

Yam Ba Dam Creation Song

Transmitted from God-Knows-When-or-Who by Rabbi Billy Dreskin

The Song

Yam Ba Dam Ba Dam Ba Dam Ba Dam.
Yam Ba Dam Ba Dam Ba Dam Ba Dam.
Yam Ba Dam Ba Dam Ba Dam Ba Dam.
Yam Ba Dam Ba Dam Ba Dam Ba Dam Ba Dam.

Va-ye-hee E-rev
Va-ye-hee Vo-ker
Yom _____

(E-khad, Shay-nee, Shlee-shee, Re-vee-ee, Kha-mee-shee, Shee-shee, Yom Shabbat)

The Source

From the book of Genesis:

"And there was evening and there was morning, the _____ day."

The Shtick

When God was creating the world, God hummed a little tune. Sometimes things God created were good – "thumbs up" (one thumb up). Sometimes things God created were not so good -- "thumbs down" (one thumb down). But by the time God completed all of Creation, everything God created was *tov m'od*, everything was very good (both "thumbs up").

Instructions

Sing "yam ba dam" through one time to practice thumbs.

Sing verse then "yam ba dam" each time.

Increase speed on "yam ba dam" through the sixth day (additional shtick: As God continued creating, things got a little faster. And so did the song).

Yom Shabbat is a day of rest, so let's slow down and really enjoy ourselves.

Have a great time!

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